



MAKE AN INDOOR VERTICAL GARDEN

ACTIVITY



BACKGROUND: Vertical gardens are gardens grown upright. The advantage of vertical gardening is how much space you can save at home or in the classroom to allow for even more planting! This is especially true when growing an indoor vertical garden. They are easy to maintain and, if used outdoors, can also reduce pest and weed issues by keeping the garden up and away from the ground.

MATERIALS NEEDED:

- Wooden pallet
- Sandpaper
- Large garbage bags or landscaping fabric
- Staple gun and staples, or hammer and nails
- Potting soil
- Variety of fresh herbs (*basil, parsley, mint, rosemary, sage, etc.*)

INSTRUCTIONS:

1. Sand down the pallet to ensure all rough edges are smoothed.
2. Staple or nail the garbage bags or fabric to the back of the pallet. Make sure the corners are folded and secured tightly.
3. Lay the pallet flat and fill it with potting soil.
4. Plant herbs in space between pallet slates, add more soil as needed, and water thoroughly.
5. Leave the pallet in a horizontal position for 1-2 weeks to allow the herbs to take root.
6. When ready, mount on a vertical surface.
7. Water when the soil feels dry. Make sure to trim herbs regularly to encourage growth!

OTHER IDEAS FOR WHAT TO GROW:

- Peas
- Pole beans
- Tomatoes
- Peppers
- Mini cucumbers
- Greens (*lettuce, swiss chard, kale, etc.*)
- Strawberries

