Join #TeamNourish at the Emera Blue Nose Marathon

Go to the **Race Roster website**.

2

Select how you would like to participate and enter your information. *If you don't already have a Race Roster account you will be prompted to create one. Not a runner? Choose one of the "Virtual" options and walk, hike, swim or bike instead!

3

In the **TEAMS** section, select *Yes*, add this registration for a Charity team already created and choose **Nourish Nova Scotia** from the drop down.

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Continue through the registration process, review the waivers, and continue to payment. Team Nourish fundraisers receive 10% off registration for all adult single race entries (5KM, 10KM, Half and Full Marathon)! **Enter this discount code at checkout: CC23NNS**

Not interested in signing up for the Blue Nose Marathon?

You can still support Nourish Nova Scotia by making a donation at: <u>https://bit.ly/bluenose-team-nourish</u>

