

Join #TeamNourish at the Emera Blue Nose Marathon



1



Go to the [Race Roster website](#).

2

Select how you would like to participate and enter your information.

*If you don't already have a Race Roster account you will be prompted to create one. Not a runner? Choose one of the "Virtual" options and walk, hike, swim or bike instead!

3

In the **TEAMS** section, select *Yes, add this registration for a Charity team already created* and choose **Nourish Nova Scotia** from the drop down.

A screenshot of a web form titled 'Teams'. It contains the following elements:

- Section: 'Add registrant to a team? *'
- Option 1: Radio button with an 'x' icon, labeled 'No, do not add to a team'.
- Option 2: Radio button with a '+' icon, labeled 'Create new team'.
- Option 3: Radio button with a checkmark icon, labeled 'Yes, add to another existing team'.
- Section: 'Select team'
- Dropdown menu: 'Nourish Nova Scotia'.

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Continue through the registration process, review the waivers, and continue to payment.

Not interested in signing up for the Blue Nose Marathon?

You can still support Nourish Nova Scotia by making a donation at:
<https://bit.ly/bluenose-nourish>

